



Lessons from Heaven

Given Through

The Miracle of
Saint Joseph

Adapted for Young People

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Introduction



This collection of lessons for young people in grades 6-12 is based on Revelations from The Miracle of Saint Joseph given through Frances Marie Klug, a True Mystic. The lessons include readings to help junior high and high school students, along with readers of all ages, understand the importance of serving God by protecting their Soul in daily situations.

Good Morning Prayer

"Good morning, God, I love You.

Please stay with me throughout the day,
and guide me in what I do and say.

Help me to be example to everyone I meet
so they, too, will feel the need
to request of You each day,
Your Guidance and Direction
in what they do and say."

Prayer Given in a Teaching
Delivered Through Frances Marie Klug
During a Seminar for Students in Grades 6-8
December 18, 1976



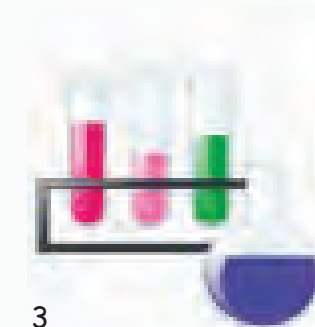
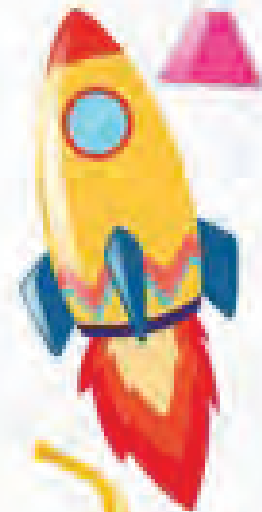
"Remember the prayer to God when you awaken
in the morning. 'Good morning, God, I love You,'
and don't forget, you don't have to pray to God and
be on your knees with your hands folded.

You can be walking to school and you can say:

'You know, God, I really need to be
in Your Company today
because I've got a real problem.
This kid is picking on me at school.
I don't have my lesson and this and that.
Please give me the strength
to conquer all my problems all day long.
Please give me the hope
that I'll do better today.
Please give me what I need to go on today.
Please help me understand others.'

These are prayers.
You do not have to say a formal prayer."

Excerpt of a Teaching
Delivered Through Frances Marie Klug
During a Seminar for Students in Grades 6-8
December 18, 1976



“Learn to Think”

“You must always remember that learning a given subject has more meaning for you than just the subject matter.

In the very learning of this subject, there is a good chance you will not remember everything you read, but in the learning process, you are training your mind to retain, you are training your mind to absorb, you are training your mind to store a certain amount of knowledge, plus capitalizing on your ability to be able to train your mind to hold within itself the ability to use what you have absorbed, combining your sources of knowledge for more understanding, and for better execution of your abilities and your capabilities.

Approach each new course of study, recognizing your learning process as a tremendous chance for your God-given intellect to expand into a world of subjects that you can relate to, call upon, delve into, or practice in a worthwhile way, for a worthwhile cause, for a life of fulfillment that would never be possible if you did not train yourself to learn, to think, and to retain what you have learned.”

Teaching Delivered Through Frances Marie Klug
May 31, 1981

“Ford Every Stream”

“Many times we are faced with decisions that make us feel as though we are ‘fording a stream.’ There is risk involved, there is time involved, there is balance involved, there are likes and dislikes involved, there are obstacles involved, and there could be just our personal opinion involved.

Some of the streams that we are called upon to ford in a lifetime begin with our school days. We do not always see the necessity of particular academic subjects, because we have a predetermined idea it is not the way for us to go. But logic says we must ‘ford all streams’ of life with soundness, agility, and with an honest appraisal of its worth to us.

We must look at all basic subject matter that is necessary for us to learn, such as *Mathematics, Reading, English, Spelling, History, Geography, Science, Religion, Social Graces*, and many areas of *Art, Music and Physical Education*. Each of these subjects is important to our life, and sometimes to accomplish or reach a state of fulfillment in them, we see ourselves ‘fording a stream’ that we wish we could bypass or pass by in another way.

Taking one subject at a time, we should look at each subject and become aware that each subject does not stand alone. It blends or combines with many of the other subjects. We must learn to have a well-rounded education.

Excelling in one subject is good, but logic says one subject encompasses other subjects, so be aware of all facets of each academic course, and ‘see fully’ how it blends or can be combined with other academics.

Continued

MATHEMATICS

A full knowledge of the basics in Mathematics can help in unlimited ways with many other subjects, plus Mathematics are used in our daily life in countless ways. The whole system of our livelihood involves a sound knowledge of Mathematics to the point of being able to handle our own banking and possibly other financial investments.

It would be impossible in our lifetime to live without the knowledge of Mathematics. Also, above and beyond the actual usefulness of Mathematics in our daily life, we must realize and we must understand, that Mathematics are an important part of many of the sciences that have become common in our lifetime.

READING

Without a good sense of interpretation and understanding of what you read, it is lessening your chances for a well-rounded successful education; plus, reading is the foundation for all learning.



ENGLISH

English is not really difficult if you participate well and understand the reason for this truly beautiful subject. After all, it is the language you use every day of your life.

English is one of the most used languages throughout the world. Many times English is used as a common denominator when men of different countries gather. Be proud of your English language and learn it well, so if and when the time comes for you to indulge in learning the art of other languages, you will have a sound knowledge of your own language and you will find that with this background, learning other languages will be easier for you.

SPELLING

Spelling is always exciting because 'it challenges you' every time it enters your life. Try to become a Lexicologist. To become a Lexicologist means you are educated in the form, history and meaning of words. When things get dull, 'it will awaken the spirit of challenge in you.'

HISTORY

It is a personal subject if you will but see History in its true sense. You are a part of History, World and Bible History.

History can be exciting, adventuresome, informative and very interesting, if you really are imaginative and creative, because History tells what others gave and have done, bringing us up to date in all areas of life, civilization, and world information.



SCIENCE



Science is specific in its type and its degree. It is important to not just be aware of the different sciences that our life is involved with and dependent upon. Science should not be approached with a half-hearted attitude, but with the interest and involvement that will give you a healthy understanding of it for further use or a sound educated awareness of its value.

GEOGRAPHY

Geography is not to be overlooked. It is informative in extremely important ways. It not only informs us of the placement of countries, oceans and people, but it teaches us the worth and value of every place in the world that man has been able to venture into, and even places man has not dared to investigate. This subject is endless in its entirety.



Don't say you don't like a subject until you have fully learned it. Then you have the right and the privilege to say, 'I don't like it.'"

Teaching Delivered Through Frances Marie Klug on May 26, 1981

"Why Homework?"



"So many people say, 'Why homework?' Homework is beneficial in many ways. It enables the student to have more 'understanding' of the subject, permits more 'retention' of the subject, and through homework one can find out if they 'know' the subject matter, or if they have the ability to 'use' this subject matter, or if they will be able to 'apply' it intelligently when it is necessary.

Homework is for the good of the individual, because homework benefits the individual in many ways other than just storing the knowledge of the subject. Homework is a necessity, because it involves one's ability to 'obey orders', one's 'motivation' to work by himself or herself, one's sincere 'interest' in learning, or it shouts an alarm saying carelessness, insubordination, or indifference to authority. Doing one's homework shows a responsibility to one's self, to one's parents, and to school authority; also, at a later date when the specific subject is touched upon, it will most likely be the 'key' to an 'intelligent' participation, or it could be a help for something to be solved or be successful.

To be knowledgeable in a subject gives strength to one's character, especially when the subject is one in which the basic needs of Reading, Writing, Arithmetic, Spelling, English, Government, Religion, History, Geography, Science, Music, and other cultural involvements are touched upon.

To 'not' do one's homework is a direct 'insult' to one's own intelligence, one's own self-respect. It also shows a lack of respect for those who care enough to be involved.



A great pianist does not just love music, it takes a tremendous amount of homework through practice, memory and application. An artist must work constantly and consistently to become great.

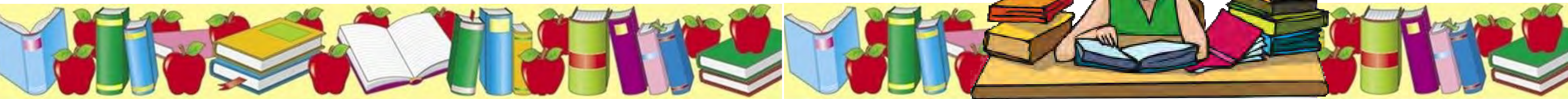
A mathematician is not born a mathematician. A doctor is not born a doctor. A scientist is not born a scientist. A professional baseball player is not born a professional baseball player. A dancer is not born a dancer. A linguist is not born a linguist. A successful human being is not born a successful human being.



Faith in God is beautiful and is based on one's own 'Gift from God', but it is enriched when one learns about one's Religion, the basics of it, and the beauty through which it was formed, establishing greater Faith, motivating more Faith, and of course, being able to use this Faith to help others.

Homework many times is the foundation and the beginning of accepting responsibility for the benefit of one's own self, and using homework as the tool it was intended to be, to strengthen one's ability in given subjects."

Excerpt of Teaching Delivered Through Frances Marie Klug
October 28, 1981



“Something to Think About”

“Sports, work, entertainment, family life, talents, war, are all subjects with lengthy detail, subjects constantly before us, entwining our past, our present and our future. These subjects place us in different places, doing specific things, utilizing our abilities, promoting our conscious actions to attain specific goals.

Men rarely look at themselves as having to do with so many things, in so many ways, for so many reasons, with so much purpose for the good of themselves, and the good of, perhaps many others’ lives.

There is so much to life. There is so much to do. There is so much to accomplish. There is so much that must be developed. There are so many things to be involved in. There is no limit to man’s avenues of adventure, venture, or interests. These are all physical aspects of life, but must definitely be combined with our Spiritual, in our thoughts, our actions, our deeds, our values, our standards, for one cannot be evident without the other. The physical cannot be the total involvement for so many aspects of life to show in.

Never see your life as being limited, for it is not.
Never see your day as ordinary, it is not.
Never feel there is nothing to look forward to, there is.
Never feel depression will last, it won’t.
Never feel success is not for you, it is.
Never feel that you have stopped learning, you have not.
Never feel you have to compromise, you don’t.
Never feel you will never reach fulfillment of life, you will.
Never feel that you are alone, you are not.
Never feel things are hopeless, there is always hope.
Never feel fear so strong that you forget to see
that Ray of Mercy God always has.

Continued

Never omit the fact that God’s Justice is greater than any of your acts.
When you play a game, play to win.
When you work, give your best.
When you pray, pray reaching for Holiness.
Never think that everyone else is better off than you, this is not so.

You are everything you want to be, and remember you are the custodian of your Soul. This alone in life should be your greatest desire, to use everything you are and everything you have, to return to God the Soul, so you can say to God:

*‘I did my best with what You gave me.
I hope, dear God, that You will say to me,
“All the effort you put forth,
your Soul will be with Me for All Eternity.”’*

Teaching Delivered Through Frances Marie Klug
August 1, 1980

“For every ten million people in the world,
there is one possible leader.
Leaders are usually informative
and directive in a given field.

There was only One True Great Leader
that came to the world.

He was a Leader of all men,
in the body, the mind and the Soul.
Since His time leaders can be termed thusly:

He or she is a leader in the financial world;
he or she is a leader in the medical field;
he or she is a leader in architecture.
None can say they are leaders of men in every way.

So, when you follow a leader,
be sure that the leader you follow is the one
that will guide you to the greatest heights
for the whole of your being,
which includes your Soul.”

Revelation Delivered Through Frances Marie Klug
December 18, 1976 at 5:00 pm

“Were Saints Dull?”

“They couldn’t have been because it took a lot of
strength, energy, stamina, courage, sound conviction,
perseverance, fortitude, and Faith in God, for them to become
a Saint.

HOW WILL YOU REALLY KNOW YOU’RE ON THE
RIGHT PATH TO BECOMING A SAINT?

The following questions are merely a few basic ones
that should be considered for the real consideration you should
look at to become a Saint.

Are you kind?

Are you charitable?

Are you understanding?

Are you moral?

Are you good example?

Do you live according to the Ten Commandments?

Do you use all your time well?

Do you want to please God above all things?

Are your thoughts pure?

Are you stable in your relationship with others?

Do you tell the truth?

Do you utilize your abilities to sound advantage?

Have you decided to become a Saint?

Is your Faith in God strong?

Do you reject impurities?

CAN YOU REALLY BECOME A SAINT?

Why not? You have a will. All you have to do is use
your will properly and there is *NO DOUBT, YOU CAN BECOME
A SAINT.*”

Teaching Delivered through Frances Marie Klug on June 1, 1981

"Ask Yourself These Questions"

- "At home, am I sincere?
- At home, am I happy?
- At home, do I share the work?
- At home, am I charitable?
- At home, do I respond to the needs of others?
- At home, am I good example to others?
- At home, do I express a happy mood?
- At home, do I offer to be responsible for certain things?
- At home, am I selfish?
- At home, am I one person, and with my friends another?
- At home, do I take all things for granted?
- At home, am I hateful?
- At home, am I sarcastic?
- At home, am I sullen?
- At home, am I critical?
- At home, am I flip?
- At home, am I indifferent?
- At home, am I hyperactive?
- At home, am I antagonistic?
- At home, do I procrastinate?
- At home, am I lazy?
- At home, do I pout?
- At home, do I lie?
- At home, do I steal?
- Would I want my children to act with me like I act at home?



- At school, am I a gossip?
- At school, am I two-faced?
- At school, do I lie?
- At school, do I _____?
- At school, am I _____?
- At school, do I _____?
- At school, am I _____?
- At school, do I _____?
- At school, am I _____?
- At school, do I _____?
- At school, am I _____?
- At school, do I _____?
- At school, am I _____?



- With my friends, do I brag?
- With my friends, do I _____?
- With my friends, do I _____?
- With my friends, do I _____?
- With my friends, do I _____?
- With my friends, do I _____?
- With my friends, do I _____?
- With my friends, do I _____?
- With my friends, do I _____?
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- With my friends, do I _____?



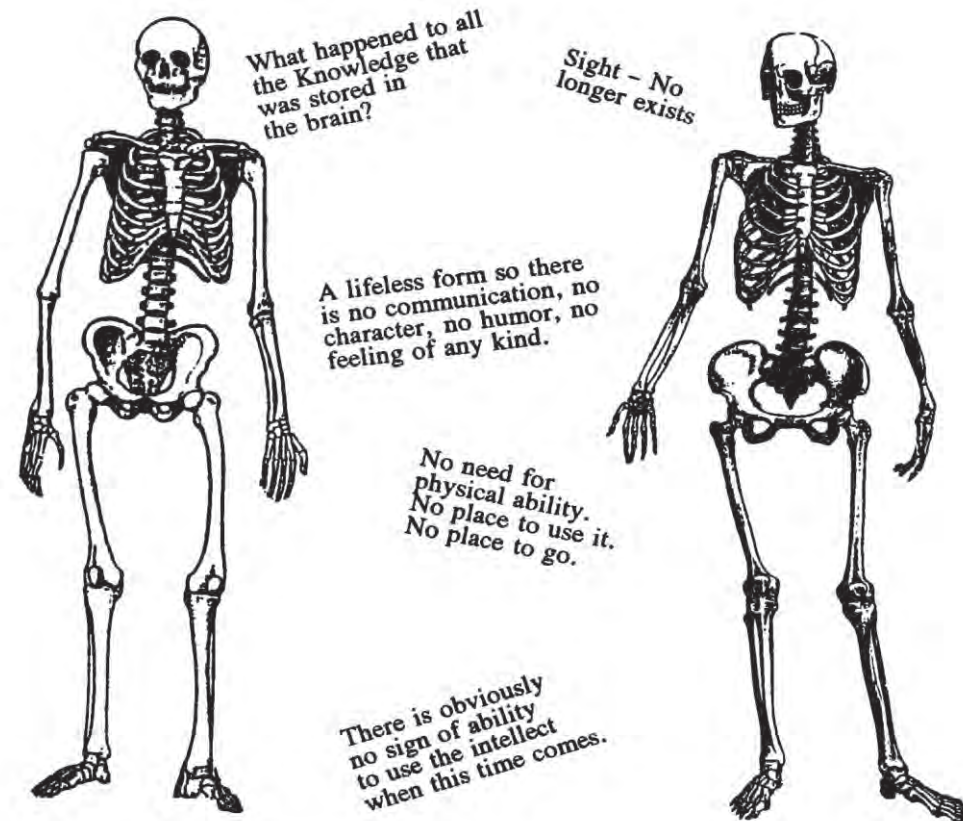
- Do I make it a point to be on time for appointments?
- Am I considerate in my association with people?
- Am I sensitive to others' feelings, or am I insensitive because of my own selfishness?
- Am I kind when kindness is needed?
- These questions may appear to put a great emphasis on things difficult to face, but it is only through this type of an examination of how we are, that we can begin to improve what we are."

Teaching Delivered Through Frances Marie Klug
to High School Students on November 19, 1979

“Human life one day becomes a shell of its previous existence.

The Purpose of human life does not end but continues to survive through the continued existence of the individual’s Soul. This is why the emphasis must always be on the Soul, that Portion of God that lives on beyond the time the flesh leaves the body.

The bones are only the structure that is the foundation of all the Gifts of human life man is given by God.”



Continued



“The physical body is the temple in which the Soul lives. This is a precious Gift from God at the moment of conception.

Without a Soul, man could be considered a mere form of animal life, designed and created as part of the basic design for a purpose like all animals.

Where is the Soul?

There has to have been a Purpose for This Portion of Life.

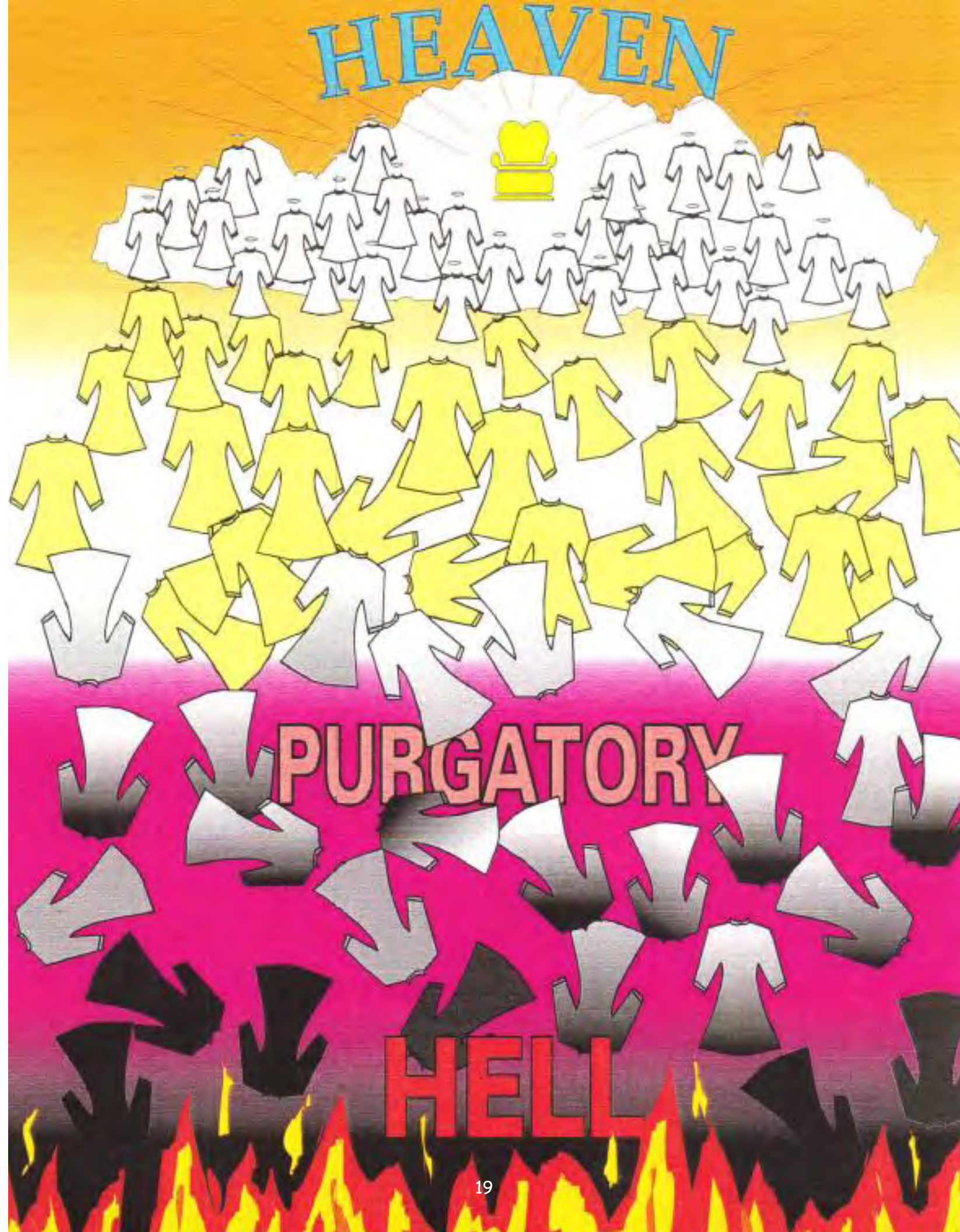
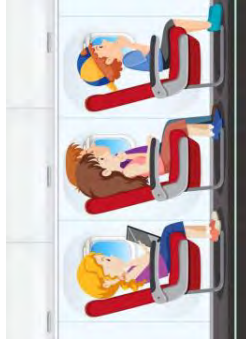
Remember, It was always present — where is It now?”

Teaching Delivered Through Frances Marie Klug
June 17, 1992

How Would You Rate Your Morals?

	PURITY										OR	
	I.	II.	III.	IV.	V.	VI.	VII.	VIII.	IX.	X.	H E A V E N	
	R E P A R A T I O N										H E L L	
At Home												
At Work												
At School												
At Social Functions												
With Relatives												
With Friends												
Traveling												
Other Times												

REMEMBER — ALL MORALS ARE BASED ON GOD'S TEN COMMANDMENTS.





Teaching Delivered Through Frances Marie Klug
on December 19, 1976, at a Seminar Given to High School Students

Saint Alphonsus Liguori

“My beloved children, there are so many times that you walk upon the earth that you question many things. And now I, Saint Alphonsus Liguori, come to question you, and I say to you, ‘What is your name?’

_____¹. Ah yes, your name is important, for your name, to you, makes you an individual. And your name says you are important because, in this being an individual, you have the responsibility for every moment of your time.

At a special moment one day, when The Father of All, The Creator of All opens the Book, He will say to you:

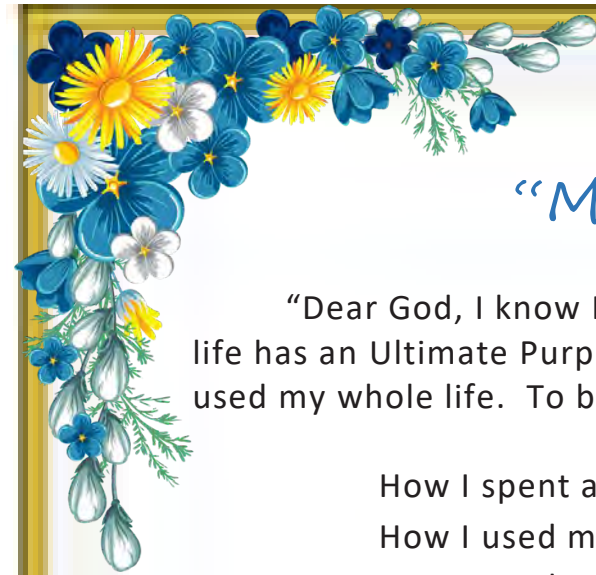
‘_____¹, I see your time is accountable here in many ways, and to every degree. Look at this day — you did so much. How come, My child, every day was not this full?’

‘_____¹, please know this, I love you very much for I created you, and if I were to send you back to the earth, _____¹, would you change your way of life? Would you spend your time more eagerly, or would you let it go by without the things to be done, without the love to be shared?’

‘_____¹,
I love you, I am your Father. Do not forget this, and one day I will open the Book of Time and that will be your Judgment Time.’ So be it.”



¹ Children say their own name.



“My Letter to God”

“Dear God, I know I must always keep before me the truth that my life has an Ultimate Purpose for it, and I will be judged by You for how I used my whole life. To be more explicit:

- How I spent all of my time.
- How I used my Faith.
- How I used my talents.
- How I handled responsibilities.
- The full use of my knowledge.
- The sound standards and sound values for my senses.
- The places and areas I involved my abilities.
- How I upheld the dignity of my vocation.
- The full use of my will — my ‘Line of Decision’.
- To what degree I obeyed the Ten Commandments.

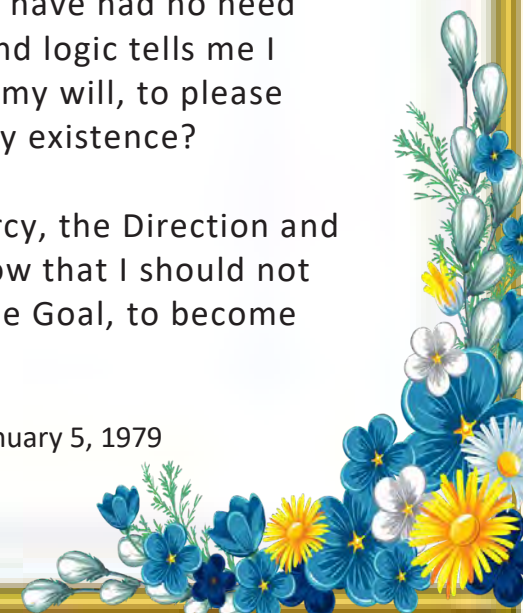
Also, I must remember that a daily Examination of Conscience is the surest way to let You know my sincere effort in working to not offend You. Of course, along with this Examination of Conscience, I know I must make the decision to not sin again.

I know, God, that I must use my whole being to accomplish Your Will for me. Why else would I have been born? Why else would You have given me the Ten Commandments?

If there was no purpose to my life, then I would have had no need for Faith, nor would I need Holy Mother Church. Sound logic tells me I must use all my actions, words, deeds, thoughts, and my will, to please Your Will. How else can I obtain fulfillment of my very existence?

Thank You, God, for the Care, the Love, the Mercy, the Direction and the Faith You gave me and showed me, so I might know that I should not fear life, but be thankful for the privilege of it, and the Goal, to become a Saint.”

Teaching Delivered Through Frances Marie Klug on January 5, 1979



GOD THE FATHER

“ _____,¹ you were born to the world, you were created out of My Love. You lived so many years learning about Me. You learned many things. You learned right from wrong. You learned truth from untruth. You learned the wisdom that I gave through The Commandments one day. You learned the hope in being alive. I gave you a vocation, and I gave you the means to follow the vocation. I gave you the light to walk in the vocation, and I gave you the path to Me.

_____,¹ let us go back to a time in your life. You had a decision to make, wrong or right. I beckoned to you. You were too busy to hear, too preoccupied to see the Sight of Me, so you turned to man and leaned on him. You did it many times. In My Justice I had to mark it down, and in My Love I balanced it with the day you said, ‘God, may I have a crown?’

And now, _____,¹ remember the time that I gave to you was important for you, for through this time it gave you many Graces in My Way. Now I must judge you on this day, in a particular way, for every moment of your life. I will put this time on this side of the scale, and on the other side, I will put the days you spent doing good. I hope with the Heart of My Way that the right side of this scale will go deep into the Book, for if it does, it will mean the time will be soon for you to spend with Me for All Eternity.

And then God will take the scale and put the things in order. And do not forget, every man who passes through the light of day and through the dark of night, will have to stand looking at the scale, with all the hope in the Book. So be it.”

Teaching Delivered Through Frances Marie Klug
at a Seminar Given for Students in Grades 6-8 on December 18, 1976

¹ Each child said their own name here.

All Revelations are included
in *Stories From Heaven*.[®]

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